

## JOHN B. LACSON FOUNDATION MARITIME UNIVERSITY (Molo), Inc.

(formerly Iloilo Maritime Academy)
M.H Del Pilar St. Molo, Iloilo City
COLLEGE OF BUSINESS



# PSYCHOLOGICAL IMPACT OF THE COVID-19 PANDEMIC AMONG THE BS CRUISE SHIP MANAGEMENT STUDENTS OF JBLFMU-MOLO

A Research Paper Presented to the Faculty Members of the College of Business John B. Lacson Foundation Maritime University- Molo, Inc.

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by
Sidro, Krisel Meah M.
Oliveros, Jenvilry N.
Padilla, Rhay Anne Joy
Ranara, Lester
Rubio, Rb John
Sayco, Maricar
Tan, Christian Phillip
Tan, Maricar
Testa, Lily Jean
Zarriz, Zaira Marie N.

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### **Abstract**

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Stress is a common feeling experienced by people throughout life and it is important to understand the way they cope with their stressors (Addonizo, 2011). The findings of Kecojevic et al., in 2020, support the notion that the current COVID-19 pandemic is making a significant negative impact on mental health of college students. College students who exhibit greater academic and life difficulties may be particularly vulnerable to higher mental health distress. This study used the survey approach of conducting research, explicitly utilizing the online survey. An online survey is a structured questionnaire that your target audience completes over the internet generally through a filling out a form. Online surveys can vary in length and format (usability.gov, 2021). The researchers' purpose of conducting this study is to determine the impact of COVID-19 on the psychological aspect of 3rd year Bachelor of Science in Cruise Ship Management (BSCSM) students. Results revealed that impact is moderate. No significant differences were noted considering gender, place of residence and parents' monthly income.